



Parent to Parent of Colorado

WHERE DO I START? DISABILITY SPECIFIC RESOURCES



Parents of children with disabilities frequently request information and support regarding a particular disability. Below is a list of Colorado disability specific organizations that offer resources information and, in some cases, parent support groups. *Also included are major national organizations (in italics).* Call P2P or visit our website for additional resources.

Parent to Parent of Colorado (P2P) p2p-co.org 877-472-7201



P2P will help get you to the right resources. Contact us—we're all in this together.

- One to one parent matching (birth through life), parent support, information and referral
- Active Online Parent Support group linking parents throughout the state
- Website with disability specific resources, parent wisdom and more

Autism/Asperger Syndrome

- Autism Society of Colorado autismcolorado.org 720-214-0794 or 866-733-0794
- Autism and Asperger Connections of Colorado Springs autismaspergerconnections.org
- Autism Society of Boulder County autismboulder.org 720-272-8231
- Larimer County Autism Society autismlarimer.org 970-377-9640
- M.A.S.K. - Mother's of Asperger's Syndrome Kids health.groups.yahoo.com/group/maskas99/ (online)
- Roaring Fork Autism Network rfautism.org 970-309-5485
- *Autism Society of America* autism-society.org 800-328-8476
- *Online Asperger Syndrome Information & Support (O.A.S.I.S.)* aspergersyndrome.org

Brain Injury

- Brain Injury Alliance of Colorado biacolorado.org 800-955-2443
- *Brain Injury Association of America* biausa.org 800-444-6443

Cerebral Palsy

- Ability Connection Colorado (formerly CP of Colorado) abilityconnectioncolorado.org 303-691-9339
- Cerebral Palsy Association of Colorado Springs cpappr.org 719-638-0808
- *United Cerebral Palsy* ucp.org 800-872-5827

Chromosomal Disorders

- The XYY Project xyysyndrome.org 888-999-9428
- *Chromosome Disorder Outreach* chromodisorder.org/CDO 561-395-4252
- *National Fragile X Foundation* fragilex.org 800-688-8765

Down Syndrome

- Colorado Springs Down Syndrome Association csdsa.org 719-633-1133
- Rocky Mountain Down Syndrome Association rmdsa.org 303-797-1699
- *National Down Syndrome Congress* ndscenter.org 800-232-6372

Epilepsy

- Epilepsy Foundation of Colorado epilepsycolorado.org 303-377-9774 or 888-378-9779
- *Epilepsy Foundation* epilepsyfoundation.org 800-332-1000

Fetal Alcohol Syndrome

- NOFAS Colorado nofascolorado.org 720-446-2442
- National Organization on Fetal Alcohol Syndrome nofas.org 800-666-6327

Hearing and Vision Impairments

- American Council of the Blind of Colorado acbco.org 888-775-2221
- Anchor Center for Blind Children anchorcenter.org 303-377-9732
- Colorado Families for Hands and Voices cohandsandvoices.org 303-492-6283
- Colorado School for the Deaf and Blind csdb.org 719-578-2100
- National Federation of the Blind of Colorado nfbco.org 303-778-1130

Infantile Scoliosis (A program of Ability Connection Colorado)

- Infantile Scoliosis Outreach Program (ISOP) infantilescoliosis.org 303-691-9339 or 866-417-4873

Learning Disabilities/Dyslexia

- Rocky Mountain Branch of International Dyslexia Association dyslexia-rmbida.org 303-721-9425
- International Dyslexia Association interdys.org 410-296-0232
- LD Online ldonline.org
- National Center for Learning Disabilities nclld.org 888-575-7373

Mental Health

- Empower Colorado (A program of Ability Connection Colorado) empowercolorado.com 866-213-4631
- National Alliance on Mental Illness Colorado namicolorado.org 888-566-6264
- The Balanced Mind Parent Network thebalancedmind.org 847-492-8519
- Depression and Bipolar Support Alliance dbsalliance.org 800-826-3632

Spina Bifida

- Spina Bifida Association of Colorado coloradospinabifida.org

Tourette Syndrome

- Tourette Syndrome Association Rocky Mountain Region tsa-rmr.org 720-212-7535
- Tourette Association of America tourette.org 718-224-2999

For information on additional specific disabilities, we recommend:

- CHADD (Children & Adults w/ Attention Deficit/Hyperactivity Disorder) chadd.org 800-233-4050
- Muscular Dystrophy Parent Project parentprojectmd.org 800-714-5437
- Parents of Premature Babies preemie-l.org
- Sensory Processing Disorder Foundation spdnow.org

For general information on disabilities from national organizations, we recommend:

- Genetic Alliance geneticalliance.org 202-966-5557
- National Organization for Rare Disorders (NORD) rarediseases.org 800-999-6673

The WHERE DO I START?

series is available for downloading in English and Spanish at p2p-co.org

- #1 General Resources
- #2 Disability Specific Resources
- #3 The Three P's: P2P, PEAK, PEP
- #4 Transition for Youth and Young Adults



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