

# FEBRUARY 2021

#### **DID YOU KNOW?**

February is an important month to kids' dental care because it marks the observance of the American Dental Association's National Children's Dental Health Month.

# Why We Have National Children's Dental Health Month

NCDHM raises awareness of how important it is for children to develop good oral habits at an early age to ensure a lifetime of healthy smiles. The American Academy of Pediatric Dentistry (AAPD) regularly recommends that children receive their first dental exam no later than one year of age to head off potential early dental problems.

Kids' dental care also depends on parents to review certain areas of prevention with their dental professional. This includes tooth decay, what thumb-sucking can do to baby teeth and how to get your child to become familiar with his or her dental office's surroundings. In later years, your attention should focus on the prevention of crowded teeth and healthy gums, both achievable by seeing a dentist at least twice a year for an oral examination and professional cleaning.

## WHAT'S HAPPENING

<u>Parent Teacher Conference Monday February 15</u> – No School for Preschool classes.

<u>In-person conferences will be limited due to COVID -19 restrictions.</u>

#### **VIRTUAL PARENTING CLASSES ON LINE NOW**

How to provide Social-Emotional Discipline



https://youtu.be/pAUVpLHf56o

Q & A is scheduled for Friday February 26 at 10:00.

#### Please complete the Spring Picture survey

"Every Accomplishment Starts with the Decision to Try" - unknown

## **RESOURCES**

Oral Health and Prevention Webinar

https://youtu.be/Yukx7RoDua4

## **LOOKING FORWARD to March**

Dr. Suess Week March 1-4, 2021

Spring Break – March 15-19, 2021