

Did you know Creative Options offers a series of virtual parenting classes???

The third session:

Healthy Relationships



https://youtu.be/RfL31p-j_bU

During this presentation,

We'll discuss the Traits of a Healthy Family Relationship. We'll get started with healthy expectations of self and other, treating each child as an individual, implementing regular routines and enjoying your family and life.

We would like to hear from you if this session was helpful. We will follow up with a short survey.

If you would like more information or additional resources please reach out to your Family Coach.

Previous Classes:

Social Emotional Discipline

https://youtu.be/AL9jKp_iC10

Routines

<https://youtu.be/2GK7ZiYWLQg>

APRIL 2022

REMINDERS



Please turn in your reading logs to receive a book for your child.



In Colorado we can expect extreme changes in the temperature on a daily basis. Children play outside daily, weather permitting. Please be prepared and send you child with appropriate clothing (jackets, long sleeve, hats, etc.).

HEALTH & SAFETY



April is Child Abuse Prevention Month

National Child Abuse Prevention Month recognizes the importance of families and communities working together to strengthen families to prevent child abuse and neglect. Through this collaboration, prevention services and supports help protect children and produce thriving families.

All families need help sometimes. Make the commitment this month to learn new ways to strengthen child and family well-being.

<https://www.childwelfare.gov/topics/preventing/preventionmonth/>

Please reach out to your Family Coach for additional Support & Resources.