**April-June 2022** 

The Month of April—World Autism Awareness Day
The Month of May—Mental Health Awareness Month
The Month of June—National Safety Month







What is a mentor? A mentor is someone who helps you with your career, specific work projects, or general life advice. The Ready to Achieve Mentoring Program (RAMP)<sup>TM</sup> of Ability Connection Colorado uses a model incorporating group, peer, and one-on-one mentoring to promote the successful transition of RAMP<sup>TM</sup> young people ages 13-25 to employment, continued learning opportunities, and independent living.

Why should you become a mentor?

- ▶ Focusing on periods of transition for our youth is extremely beneficial
- ▶ Teaching and practicing advocacy for self and others can empower our vouth
- ► Ensure that we create safe and positive relationship for our mentees





#### **Summer Mentors Always Wanted**

Want to be a positive role model in a teenagers life? Get volunteer hours by becoming a mentor to at-risk youth in the Denver metro area. Help young adults learn job skills, explore careers, obtain employment, and explore post-secondary education and training options. Our sessions include field trips, guest speakers, job shadowing and hands on lessons.

#### **Requirements:**

- At least 21 years old
- Commit to at least one school year or 7 week summer program
- Attend weekly one hour sessions (at least 2 per month) or 2 hours during the summer program
- Reliable and consistent
- Complete the application and screening process
- Adhere to all program policies and procedures
- Proof of vaccination card



# **RAMP Summer Program**

## **RAMP Summer Program 2022**





You've learned the skills- now its time to put them to practice!

This summer, RAMP will be offering work experience opportunities for eligible RAMP youth who have completed the 2021-2022 RAMP program. These work experiences will be paid opportunities throughout the Denver community and will be fully chaperoned by our RAMP staff. Please reach out to RAMP staff for further information on work experiences and to see if your youth is eligible.

Ramp will be offering newly enrolled youth with intellectual and / or developmental disabilities in-person sessions starting in June! More information will be sent out shortly (such as locations and dates). Also, keep an eye out for further information updates on our website: <a href="https://www.abilityconnectioncolorado.org/programs/employment/ready-achieve-mentoring-program/">https://www.abilityconnectioncolorado.org/programs/employment/ready-achieve-mentoring-program/</a>

A look back at the 2021 Summer Program....





# N-PERSON SESSIONS



After 2 long years of virtual sessions, we are pleased to announce that RAMP has finally been able to return to in-person sessions. We have continued to work on skill building, job skills, youth resumes, and youth have completed over 60 goals. We learned about different careers in the S.T.E.A.M. world, along with community mapping and disability advocacy in school and the workplace.

WE WILL BE GOING ON OUR LAST FIELD TRIPS OF THE SCHOOL YEAR TO EMILY GRIFFITH TECHNICAL COLLEGE, DENVER ART MUSEUM AND THE DENVER LIBRARY—IDEALAB!!!!





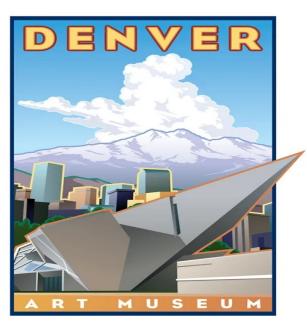












LAST QUARTER'S AWESOME GUEST SPEAKER:
DENVER POLICE CITY WIDE IMPACT TEAM







### **Individual Sessions for Youth in the Community**

Do you know of a youth between the ages of 13–25 who is at–risk of being involved in the juvenile justice system, have a disability, and/or has experienced trauma that could benefit from the work that RAMP does but doesn't attend one of the regularly scheduled schools we go to? Well, RAMP isn't just in the schools! RAMP Coordinators and Mentors meet with youth out in the community or virtually to build the same career skills and independence skills that we work on with our students in the classroom. Community Youth are invited to attend field trips and various RAMP activities with other RAMP schools, as well as go on their own field trips based on their career interests and work one-on-one at local venues such as libraries, rec centers and coffee shops.



Mi Casa Recourse Center Provides Financial Services Training for those seeking jobs at customer-facing roles with banks or credit unions: 1-on-1 coaching, mock interviews, guaranteed job interviews. | (303) 573-1302

Tax Filing: April 15<sup>th</sup> is the deadline to file taxes. For households with incomes less than \$57,000 are qualified for free tax filing with trustworthy certified tax preparers. At Mi Casa Resource Center. 345 S. Grove Street, Denver, CO 80219. Begins on February 7<sup>th</sup> and you must schedule an appointment at <a href="https://go.oncehub.com/MiCasa">https://go.oncehub.com/MiCasa</a>

Food Pantry: Metro Caring offers weekly food boxes by appointment. They give one box to each member of the family. They are located on 1100 E 18th Ave, Denver, CO 80218. Call 303-860-7200 to schedule an appointment. Or visit <a href="https://www.metrocaring.org">www.metrocaring.org</a>.

Rocky Mountain Human Services: offers a wide range of services for children and youth with developmental or intellectual disabilities. They support both children and families. They are located on 9900 E. Iliff Ave, Denver CO 80231 or visit <a href="https://www.rmhumanservices.org/services-for-children">https://www.rmhumanservices.org/services-for-children</a>

Spring Institute for Intercultural Learning Provides classes focused on community English Language Acquisition for the workplace, education, and citizenship classes. (303) 863-0188 ext. 309 | <a href="http://www.springinstitute.org/adult-education">http://www.springinstitute.org/adult-education</a>

Mental Health Center of Denver offers a variety of mental health services over the Denver area as well as Telehealth. Services offered in Spanish. | Asks to fill out form on Website | www.mchd.org