



WHERE DO I START? GENERAL RESOURCES

for Parents of Children with Disabilities
or Special Health Care Needs



With so many disability labels, laws, regulations, and agencies, finding the right resources can get a little confusing! Here is a quick guide to some major statewide resources. This document is available online with clickable links at p2p-co.org.

Parent to Parent of Colorado (P2P)

P2P will help get you to the right resources. Contact us—we're all in this together.



877-472-7201



p2p-co.org

infop2p@abilityconnectioncolorado.org

- One-to-one parent matching (birth through life), parent support, information and referral
- Active Online Parent Support group linking parents throughout the state
- Website with disability specific resources, parent wisdom and more

<p>The Arc of Colorado</p> <ul style="list-style-type: none"> • Advocacy services (through local chapters) for persons with intellectual and developmental disabilities and their families • Information and referral, public policy support, community education 	<p>303-864-9334 thearcofco.org</p>
<p>Center for Inclusive Design and Engineering</p> <ul style="list-style-type: none"> • Assistive technology assessments, intervention, and training for individuals with disabilities, including young children • Emergency preparedness and education services 	<p>303-315-1280 ucdenver.edu/centers/center-for-inclusive-design-and-engineering</p>
<p>Colorado Cross-Disability Coalition (CCDC)</p> <ul style="list-style-type: none"> • Information, advocacy and assistance on disability rights issues for youth and adults with all types of disabilities • Supports and advances public policy impacting the disability community 	<p>303-839-1775 ccdconline.org</p>
<p>Colorado Dept. of Education (CDE) - Office of Special Education</p> <ul style="list-style-type: none"> • Website resources on special education law, school/district programs, etc. • Technical Assistance on a variety of topics 	<p>303-866-6694 cde.state.co.us/cdesped</p>
<p>Colorado Dept. of Health Care, Policy & Financing (HCPF)</p> <ul style="list-style-type: none"> • Adult Programs, including Medicaid and Medicare for disabled adults • Children's Programs, including Medicaid programs and dental services • Behavioral Health Services, including providers and care coordination 	<p>303-866-2993 hcpf.colorado.gov</p>
<p>Disability Law Colorado</p> <ul style="list-style-type: none"> • Advice, education and advocacy on legal rights of people with disabilities • Legal representation and ADA compliance training • Serves the entire state, offices in Denver and Grand Junction 	<p>800-288-1376 disabilitylawco.org</p>
<p>Early Intervention Colorado</p> <ul style="list-style-type: none"> • Connects families with early intervention services to help infants and toddlers under age three with their development • Spanish resources on website 	<p>888-777-4041 cdec.colorado.gov</p>

<p>Easterseals Colorado</p> <ul style="list-style-type: none"> • Respite, therapy programs, adult day programs and summer camps • Warm water therapy and aquatic programs • Employment services/support, transportation assessments 	<p>303-233-1666 easterseals.com/co</p>
<p>El Grupo VIDA (Metro Denver)</p> <ul style="list-style-type: none"> • Information, referrals and support groups for Spanish-speaking parents • Various events throughout the year for Hispanic/Latino community members with disabilities and their families 	<p>303-335-9875 elgrupovida.org</p>
<p>Family Voices Colorado</p> <ul style="list-style-type: none"> • Assists families in navigating health care including Medicaid, Medicaid waivers and private insurance • Training and advocacy for families of children with special health care needs 	<p>800-881-8272 familyvoicesco.org</p>
<p>Guardianship Alliance of Colorado (A program of Ability Connection Colorado)</p> <ul style="list-style-type: none"> • Information and referral on guardianship of adults, including a volunteer guardianship matching program • Training for those seeking to become a guardian for an adult family member 	<p>303-228-5382 guardianshipalliance-ofco.org</p>
<p>HCP: Care Coordination for Individuals Birth - 21 Years</p> <ul style="list-style-type: none"> • Provides developmental screenings • Helps families to find a doctor, programs, medical resources and support groups in their community 	<p>colorado.gov/pacific/cdphe/hcp</p>
<p>Kids Mobility Network</p> <ul style="list-style-type: none"> • Provides durable medical equipment for families 	<p>303-242-8281 kidsmobility.org</p>
<p>Parents Encouraging Parents (PEP)</p> <ul style="list-style-type: none"> • Free family-centered education-focused conference offering support, information and training to both parents and professionals • Includes lodging and meals; held three times/year 	<p>720-237-4600 cde.state.co.us/cdesped/PEP</p>
<p>PEAK: Colorado's Parent Training and Information Center</p> <ul style="list-style-type: none"> • Statewide parent advisors who provide information about the special education process and parent's rights • Trainings on a variety of topics including Understanding IEPs • Inclusion resources and annual conference for parents and school personnel 	<p>719-531-9400 peakparent.org</p>
<p>Show and Tell</p> <ul style="list-style-type: none"> • Advocacy and support for families of children with disabilities from birth to 26 years old • Connects underserved BIPOC families with the tools they need to help their children develop essential life skills 	<p>303-632-6840 weshowandtell.org</p>

The **WHERE DO I START?** series is available, in English and Spanish, at p2p-co.org/where-do-i-start

- #1 General Resources
- #2 Disability Specific Resources
- #3 The Three P's: P2P, PEAK, PEP
- #4 Transition for Youth and Young Adults



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