



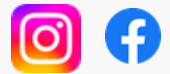
WHERE DO I START?

The Three P's: P2P, PEAK and PEP



Parents of individuals with disabilities and the professionals who interact with them frequently request information, resources, and support. Three great Colorado organizations, often confused but not related, work together to serve these needs. This document is also available with clickable links at p2p-co.org.

P2P: Parent to Parent of Colorado p2p-co.org 877-472-7201



- Connects families of individuals with disabilities or special health care needs with informational and emotional supports. Serves families statewide with children birth through life
- One-to-one matching with trained Support Parents
- Parent-only online listserv of over 2000 parents for support, information, and resources
- Empower listserv and book club for parents of children with behavioral or mental health concerns
- Monthly daytime and evening virtual support groups with other parents who “get it”
- Information, referral and research for parents and professionals with questions
- Facebook page for the disability community, including parents, professionals & community members
- Updates on policy issues that affect our sons and daughters
- Collaboration with other organizations and state agencies to get you the help you need

PEAK Parent Center peakparent.org 800-284-0251

- Federally designated Parent Training and Information Center for Colorado under the Individuals with Disabilities Education Act (IDEA)
- Serves families with children birth through age 26
- Statewide parent advisors available to talk with families about school-related issues, IEPs, and 504 plans
- Trainings and Webinars (listed at www.peakparent.org/events) on Understanding IEPs and other topics
- Annual Conference on Inclusive Education
- Online statewide calendar of events on website

PEP: Parents Encouraging Parents cde.state.co.us/cdesped/PEP 720-237-4600

- Family-centered conference sponsored by the Colorado Department of Education
- Serves families with children birth to age 21; also open to professionals
- Free to participants including training, lodging, and meals (except Friday evening)
- Held 2-3 times per year at various statewide locations over 2 1/2 days, Thursday through Saturday
- Designed to offer support, information, and education to parents and professionals related to parenting, educating, and supporting a child with a disability in their school and community
- Check website for more details and to sign up for conference

The **WHERE DO I START?** series is available, in English and Spanish, at p2p-co.org/where-do-i-start

- #1 General Resources
- #2 Disability Specific Resources
- #3 The Three P's: P2P, PEAK, PEP
- #4 Transition for Youth and Young Adults



Brought to you by
Parent to Parent of Colorado
877-472-7201, p2p-co.org
A program of Ability Connection Colorado
8/2023