

## Parent to Parent Colorado & Regional Support Groups Directory

Support Group Name	Type	Location	Format	Link
Angel Eyes Child Loss Grief Support	Parents, Families & Children	Denver	Virtual and In-person	<a href="https://www.angeleyes.org/services/colorado-counseling-services">https://www.angeleyes.org/services/colorado-counseling-services</a>
Autism Community Center	Self-advocates, children and families	Denver metro	In-person	<a href="https://autismcommunitystore.com">https://autismcommunitystore.com</a>
Autism Society Support Groups	Parents and Self-Advocates	Statewide	Virtual	<a href="https://www.autismcolorado.org/support-groups">https://www.autismcolorado.org/support-groups</a>
Autism Society Boulder Support Groups	Parents and Self-Advocates	Boulder County	Virtual and In-person	<a href="https://autismboulder.org/support-groups/">https://autismboulder.org/support-groups/</a>
Autism Vision of CO	Varied	CO Springs	In-person	<a href="https://www.autismvisionco.org/">https://www.autismvisionco.org/</a>
Brain Injury Alliance of Colorado	Parents and Self-Advocates	Statewide	Virtual and In-person	<a href="https://biacolorado.org/support-groups/">https://biacolorado.org/support-groups/</a>
Catholic Charities Kinship Caregiver Program	Kinship Caregivers	Denver	Virtual and In-person	<a href="https://ccdenver.org/family-kinship-support/">https://ccdenver.org/family-kinship-support/</a>
Colorado Community Church Support Groups	Varied	Aurora	In-person	<a href="https://coloradocommunity.org/support-groups">https://coloradocommunity.org/support-groups</a>
Colorado Parents of Twice Exceptional Children	Parents	Statewide	Facebook	<a href="https://www.facebook.com/groups/Colorado2EParents">https://www.facebook.com/groups/Colorado2EParents</a>
Colorado TAA (Tourette Syndrome)	Families	Statewide	In-person and Virtual	<a href="https://www.coloradotaa.com/">https://www.coloradotaa.com/</a>
Colorado Tubie Moms	Mothers	Statewide	Facebook	<a href="https://www.facebook.com/groups/ColoradoTubieParents">https://www.facebook.com/groups/ColoradoTubieParents</a>
Denver Autism Parents	Parents	Statewide	Facebook	<a href="https://www.facebook.com/groups/1655014361480888">https://www.facebook.com/groups/1655014361480888</a>

Denver Special Needs Parents Community	Parents	Statewide	Facebook	<a href="https://www.facebook.com/groups/412583375581482">https://www.facebook.com/groups/412583375581482</a>
Depression and Bipolar Support Alliance	Self-Advocates and Families	Multiple locations	Virtual and In-person	<a href="https://www.dbsalliance.org/support/chapters-and-support-groups/find-a-support-group/?state=CO">https://www.dbsalliance.org/support/chapters-and-support-groups/find-a-support-group/?state=CO</a>
Epilepsy Foundation of CO & WY	Parents and Self-Advocates	Statewide	Virtual	<a href="https://epilepsycoloradowyoming.org/connect-with-others/support-networking-groups/">https://epilepsycoloradowyoming.org/connect-with-others/support-networking-groups/</a>
Friendship Circle	Self-advocates	Denver	In-person and Virtual	<a href="https://www.friendshipcirclecolorado.com/">https://www.friendshipcirclecolorado.com/</a>
Heartbeat Survivors After Suicide	Suicide Survivors	CO Springs	Virtual	<a href="https://www.heartsupport.org/">https://www.heartsupport.org/</a>
Heartland Mental Health	Self-advocates	Denver	In-person	<a href="https://heartlandmentalhealth.org/groups-and-programs">https://heartlandmentalhealth.org/groups-and-programs</a>
Judi's House	Children & Families	Denver	In-person	<a href="https://judishouse.org/">https://judishouse.org/</a>
NAMI Family Support Groups	Parents	Statewide	Virtual and In-person	<a href="https://namicolorado.org/family-support-groups/">https://namicolorado.org/family-support-groups/</a>
NoCo Mamas of Kids With Special Needs	Parents	Statewide	Facebook	<a href="https://www.facebook.com/groups/1156850804365452">https://www.facebook.com/groups/1156850804365452</a>
P2P-CO Support Parent Matching	Parents	Statewide	Virtual and In-person	<a href="https://www.abilityconnectioncolorado.org/p2p-co/">https://www.abilityconnectioncolorado.org/p2p-co/</a>
PAD-CO (Parents of Adults with Disabilities)	Parents	Statewide	Virtual	<a href="https://www.pad-co.info/">https://www.pad-co.info/</a>
Padre a Padre de Colorado	Parents (Spanish-speaking)	Statewide	Facebook	<a href="https://www.facebook.com/groups/796976746992003">https://www.facebook.com/groups/796976746992003</a>
Parents of Adult Children with SMI	Parents	Statewide	Virtual	<a href="https://www.mentalhealthcolorado.org/">https://www.mentalhealthcolorado.org/</a>
Pikes Peak Suicide Prevention Groups	Adult Self-Advocates	El Paso County	Virtual and In-person	<a href="https://www.pikespeaksuicideprevention.org/services/support-services">https://www.pikespeaksuicideprevention.org/services/support-services</a>
Pinon Project	Parents	Cortez	In-person	<a href="https://www.pinonproject.org/family-and-supportive-services">https://www.pinonproject.org/family-and-supportive-services</a>
Postpartum	Parents	International	Virtual	<a href="https://www.postpartum.net/get-help/locations/">https://www.postpartum.net/get-help/locations/</a>

Support International				
Rocky Mountain Sibs	Siblings	Denver Metro Area	In-person and Facebook	<a href="https://rmsibs.com/">https://rmsibs.com/</a>
Dad to Dad	Fathers	Statewide	In-person and Facebook	<a href="https://www.facebook.com/groups/2178753818865297">https://www.facebook.com/groups/2178753818865297</a>
Special Needs Dads	Fathers	Boulder County	In-person	<a href="mailto:markreinfeld@yahoo.com">mailto:markreinfeld@yahoo.com</a>
The Living Spectrum for Dads	Fathers	Statewide	Facebook	<a href="https://www.facebook.com/groups/563759883957055">https://www.facebook.com/groups/563759883957055</a>
The Living Spectrum for Moms	Mothers	Statewide	Facebook	<a href="https://www.facebook.com/groups/livingspectrum">https://www.facebook.com/groups/livingspectrum</a>
We Are Brave Together	Mothers	CO Springs	In-person	<a href="https://wearebravetogether.org/">https://wearebravetogether.org/</a>
Western Colorado Families for All Disabilities	Parents	Western CO	Facebook	<a href="https://www.facebook.com/groups/450469614985752">https://www.facebook.com/groups/450469614985752</a>
You Don't Look Blind	Varied	Statewide	Facebook & Virtual	<a href="https://www.facebook.com/groups/youdontlookblind">https://www.facebook.com/groups/youdontlookblind</a>